



Race Information

Date: Fall 2016

From: Gary Morgan, Race Director

To: Morgan's Little Miami Triathletes

We look forward to your participation on Sunday, Oct. 2, in Morgan's 37th Annual Little Miami Triathlon Series Event. Please accept my best wishes for a successful race!

Your packet was mailed on or about today, Thursday, Sept. 23. Later entries received after Sept. 20 at 7pm will have their race numbers and shirts held and will be available for pick up at Morgan's Livery on Sunday, Oct 2 starting at 7:00 AM. (will .)

The packet being mailed will contain several important items, including shirts (if ordered), race numbers for each competitor, and starting time (printed on the race number). We would suggest keeping your numbers in a safe place until race day. The packet is being sent to only one of the team members. It's important that you call your partner and let him know that you have received it. If you have any questions about your registration, please contact Don Connolly (results coordinator) at 513-474-1399 or www.racedmc.com

Following is information necessary for race day:

1. You should arrive at the top of your start time. Participants arriving after this time will pay a \$7-per-car parking fee (per our agreement

with the hill near the bikes if you need any minor repairs or tire inflation. Contact:

2. We suggest you car pool if at all possible; this speeds entry to the park site.
3. After parking, you will stage your bike at the park. Proceed down the hill to the livery; follow the signs.
4. You do not need to “check –in” at the desk on the day of the event. Just get your canoe/kayak, paddle and life jackets and line up as your start times are called. You -
5. Please check all the info on your race number. **BE SURE TO WEAR THE CORRECT NUMBER. NAMES, START TIMES, ETC. ARE ON THE BACK OF THE NUMBER ON A LABEL.**
6. On the last line of the race number label are your shirt sizes, if ordered; then your division: MM is male/male, FF is female/female, MF is male/female, PC is parent/child, OP is open (bringing their own canoes), MA is masters (combined ages =>80), CN is centennial (combined age =>100, KRM is kayak run male (single person), KRF is kayak run female (single person), RW is one partner walking and one running, and WA is both walking, followed by your team name. Your start time is listed on the 3rd line. We have started the kayaks and walking teams before 9 AM so that the runners start times wouldn't be pushed later into the morning. The Open Division (own canoes) will start at 8:30 AM.
7. If there are changes to the data then call Don Connolly at 513-474-1399 so that he can get the changes into the computer. You can also make changes at the livery desk on the morning of the event.
8. Please wear the race number on the front of what you will be wearing to the finish line. We will not remove the chip on the bottom on your race number after you finish – it is disposable. Wear the number on your chest area so that we can get a good read for your result.
9. We will have chip timing at the finish only. Do not remove the chip from the tear-off. At the finish line the chip will be read by radio frequency to get your final finish time. We will have a large LCD screen just beyond the finish that will display your race number and net time and also a second screen will be scrolling division results that are current. We will also have tablets showing your net time.

We will not have timing arches anywhere else on the course.

10. Please note: All results will be posted on the web on Sunday evening at www.finishspot.com. Don will have a link posted on www.racedmc.com. Please email the timing company off the results page if there are changes.
11. Plaques for divisional winners will be mailed 10 days after the event. Awards will go to the top 3 or 10% of each division, whichever is greater.
12. Participants under 18 must be accompanied by their parent or guardian throughout all sections of the course so they do not get lost or injured. You could be subject to disqualification or fines if the under 18 participant is lost or injured on the course.
13. Following are a few rules of the road and tips for both first-timers and veterans alike:
LCD
 - Utilize all water stations.
 - Place canoes and equipment in designated areas upon completion of the canoe event to prevent accidents.
1. Any participants under 18 must be accompanied by their parent or guardian throughout all sections of the course so they do not get lost or injured. You could be subject to disqualification or fines if the under 18 participant is lost or injured on the course.
10.
 - Failure to wear your bike helmet during the cycling portion will result in immediate disqualification.
 - Carefully follow all signs and all instructions given by race officials along the bike segment. Ride single file on the right.
 - You must dismount on the pavement before the finish banner and run/walk to the finish banner. You are not finished until you have crossed under the finish banner. Failure to do so may result in disqualification.
 - Yield to all traffic and obey all traffic signs. Traffic cannot be stopped.

- Always ride on the right side, never in the middle of the road. The police have concerns that some riders are not obeying traffic signs and are riding 2 abreast which is very dangerous. They are talking CITATIONS for those not following the traffic laws, etc.
- Always ride single file unless passing.
- Please use portable restrooms before you go biking. In addition, we now have a unit on the bike ride course. We have been getting complaints from residents that could jeopardize this event.
- Keep feet dry: to keep feet and shoes dry some tri-athletes cover their shoes with a plastic bag or take dry shoes in a plastic bag with them to change when they get out of the canoe. Shoes left at the canoe drop site will be taken back to the party after the race.

PLEASE NOTE IN CASE OF INCLEMENT WEATHER:

Race officials may postpone or alter the race depending on weather and river conditions. Please remember we have a variety of skill levels to consider along with the river conditions. For example, wet roads may cause elimination of the bike segment or high water may force cancellation of the canoe leg. The race director reserves the right to postpone the event altogether due to weather conditions. We attempt to make a decision as early as possible. We know a number of you have extended travel times.

We will attempt to make a decision of postponement if necessary, as early as possible 18 hours before, 15 hours before, 12 hours before or by 5 am on the morning of the event.

A postponed race will be rescheduled on the Sunday two (2) weeks later – (Sun., Oct. 16). In case of bad weather, go to www.racedmc.com or <https://www.facebook.com/morganstri/> or call Don Connolly at 513-474-1399 for updates. Remember to keep clicking the “refresh” button to capture the updates.

We can still take more teams! Tell your friends! If teams still need to register, then go online at https://secure.getmeregistered.com/get_information.php?event_id=123097 We will be accepting online registrations until Sept 29th at 8PM. Start times may be after 10:30 and will be posted at <http://www.racedmc.com/2016/Oct/02/toweb.txt> . Don will continuously be updating this, so make sure our hit the “refresh” button.

If not registered by this time, we will be accepting registrations the morning of the race at Morgans Livery for a \$10 upcharge. Please stop by the livery to register before proceeding up to Ft. Ancient State Memorial to park.

Special Notes:

1. We have continued the created a Facebook/Instagram contest for the Fall Event! Post a picture of yourself at the Little Miami Triathlon (with your teammate if you are part of a team or by yourself if you are an individual kayak entry) to your FB timeline or Instagram feed and tag it with “#morganstri” and add the location to your post (*use the location button located on the bottom bar - click on the “teardrop” shaped pin and it will bring up a message box. Type in “Morgans Canoe and Outdoor Adventures”- the name should pop up if you have “liked” our page on FB*). Your name will be entered into a drawing upon completing this and we will choose one name for a free team entry (from a team photo post-the post-er of the photo will be the one entered) and one entry for a free individual/kayak entry (from an individual photo post) for the next triathlon being held in 2017. The drawing will take place on Wednesday October 5, 2016 and posted on the Morgans Little Miami Triathlon Facebook page at <https://www.facebook.com/morganstri/?fref=thttps://www.facebook.com/morganscanoe?ref=hl>.

2. Due to demographic trends and oversaturation of different running/biking events in the tri-state, we are considering going to go back to just one triathlon per year. In Back in the 1990’s we increased the event to be held twice a year due to demand since the event sold out for several consecutive years. We now have seen the trend reversing. Depending upon final participants in this (Fall) event, we will possibly drop the Fall event in 2017. We will produce 2 triathlons again next year in 201 and evaluate based on participation levels if it is viable to continue with 2 events. We need your help to spread the word to bring up the participation to previous levels in order to continue this tradition!

The Morgan family appreciates your participation and encourages you to visit ourtheir website www.MorgansCanoe.com to learn more about your host and the other great activities Morgans’Morgan’s provides for your family.

Happy Paddling!

Gary Morgan, Race Director
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513-515-7986, cell

Note: this Race Reminder can also be found at www.racedmc.com. There is a complete list of **Tips and Tricks, Road conditions of Ward-Koebel Rd., these instructions, directions and the list of start times** at www.racedmc.com